Dr. Freddie Ulan 1170 NE Cleveland St Clearwater, FL 33755

April 5, 2001

Dear Freddie,

It was in the mid 1980's that I was first exposed to muscle testing. At the time I thought it was strange and rather unbelievable. Professionally and personally I chose not to pursue it any further.

About twelve years later, while practicing full-time as a traditional chiropractor, I found myself in need of chiropractic adjustments on a daily basis due to back pain. For some reason my adjustments just were not holding. I would go and get adjusted at lunch time, come back and see more patients and by the end of the day I would be out of adjustment and in pain again. I was concerned and frustrated. I knew chiropractic worked and I knew the chiropractor I was seeing was a good chiropractor. Yet out of frustration I tried other chiropractors as well.

Something was being missed but I just did not know what it could be. Out of desperation I decided to give that muscle testing reflex stuff a try. I thought "what have I got to lose?" I went to a seminar given by the doctor you were working with. He tested me and told me I had a circulation problem. He told me what I needed to do and what I needed to take for it. He also told me that's why my adjustments were not holding.

What he found, to my thinking, seemed to have nothing to do with my complaint. Still, I did the recommended program and found that he was spot on. My adjustments once again held and, by the way, I felt better as well.

Needless to say, Freddie, since experiencing Nutrition Response Testing on a personal level and then seeing the wonderful results our patients have had with it I know its going to become an integral part of our practice.

Thanks for everything.

Respectfully;

Rick Sowerby, D.C.